

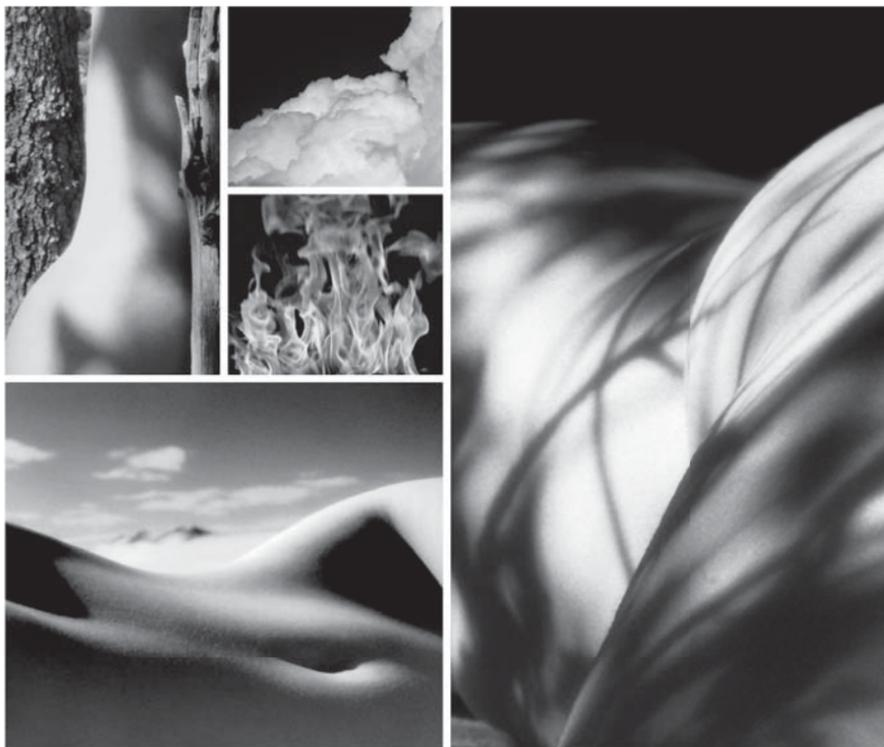


WILLOW STREAM

A FAIRMONT SPA

Spa Guide

FAIRMONT ZIMBALI RESORT



Willow Stream Spa at Fairmont Zimbali Resort

On the eastern coast of South Africa, overlooking the vast Indian Ocean, Zimbali – Zulu for ‘valley of flowers’ – is a resort destination unlike any other. Unspoiled and lush, marked by endless beaches and clear skies, Fairmont Zimbali Resort exceeds your imagination’s greatest expectations.

Inside exclusive Fairmont Zimbali Resort, Willow Stream Spa echoes the resort’s promises of relaxation, pampering and unforgettable experiences, and sets the stage for your energy journey.

Take time to experience our unparalleled facilities: unwind before or after your treatment on our spa terrace, whose spectacular views of the ocean will calm and soothe you. Immerse yourself in our relaxing outdoor mineral pool. Step into a luxurious steam shower and let the day’s stresses melt away. Or reconnect with your loved one in our tranquil couple’s lounge or one of our spacious couple’s suites.

Of course, our treatment menu ensures that your spa visit is truly memorable. The unique bounty of South Africa punctuates our offerings, from an indulgent marula milk bath (featuring the country's celebrated marula fruit) to a stress-relieving intonga stick massage to a hydrating potato, rooibos, aloe and marula mask. We offer many tailored treatments to address your specific health and skin needs, and we have also selected and developed experiences and packages specifically for men, couples and wedding parties. Each experience is designed to help you slow down and find the energy you hold within, in a peaceful, authentic environment.

Discover Willow Stream Spa at Fairmont Zimbali Resort.

Discover your energy.

Willow Stream The Spas at Fairmont

Willow Stream Spas are acclaimed around the world for our focus on finding innovative ways to help guests discover their own energy. Energy makes the difference between living and living well; recharging our energy allows us to flow, rather than fight, through life. That is why energy renewal is our mission.

Each of our spas is designed to reflect the beauty and ambience of its location and of the hotel in which it is located, so no two are alike. But all of our spas have this in common: they deliver an outstanding experience. Simply being here – away from the chaos of everyday life – relaxes our guests and starts them on their energy journey.

Our spa experiences combine authentic and effective treatments with a place for you to spend time alone or with your friends. Social spaces by the pool, relaxation lounges and steam rooms, yoga and fitness areas – all are designed to stir our passion for living with abundant energy.

**Our Name: Willow Stream**

We believe these two words reflect our philosophy and our connection to nature's elements.

Willow: The willow represents our deep-rooted authenticity, strong centre and flexible spirit.

Stream: The stream represents our energising journey through life – bending and changing in a peaceful, purposeful manner as it finds its way around obstacles.

Our Logo:

Our logo is composed of ancient symbols for the world's essential elements: earth, air, fire and water. The willow wood is the fifth element. Balancing these elements puts us in sync with nature's equilibrium.

Signature treatments

Willow Stream Energy of the Sea

Authentic ritual

90 minutes

Harness the power of the sea with an application of nutrient-rich algae, a heated body wrap, a detoxifying hydro-massage bath and an application of marine-based body-firming cream.

Sunset Glow

Unwind

90 minutes

A relaxing scrub and steam shower is followed by a soothing full-body massage as well as a facial pressure point massage using an essential oil of your choice.

African Monarch

Transforming

120 minutes

A tailored treatment featuring a steam shower, body scrub, mineral bath and three conditioning hair, face and body masks plus an intense massage with your chosen oil. Perfect for two.

Massage experiences

Swedish Massage

Soothing

60/90 minutes

For soothing mind and body, few techniques are as celebrated for their supreme relaxing effect. Lilian Terry oils nourish skin while the synergy of featherlight surface strokes and soft kneading relieve tension, improve circulation and soothe the soul.

Deep Tissue Massage

Revitalising

60/90 minutes

Take muscle relief to the next level with an invigorating deep tissue massage. Experience instantly blissful release thanks to this re-energising, therapeutic combination of essential oils and precise applied pressure.

Aromatherapy Massage

Scented indulgence

60/90 minutes

Choose between a relaxing, stimulating or unwinding massage; then bask in the supreme pampering with Lilian Terry essential oils. Palpable aromatic and homeopathic benefits include improved circulation, lymphatic drainage and immune health.

Herbal Stone Massage

Deep heat

60/90 minutes

Using volcanic basalt rock, heat is applied to pressure points, soothing nerves and bringing energy into balance. Marula conditioning oil nourishes and hydrates the skin.

Mama Mio Pregnancy Massage

Complete relaxing full body

60 minutes

A completely relaxing full body massage using Mama Mio's safe but effective pre-natal techniques and our award-winning Omega-rich oils to relax those specific back muscles that are carrying that beautiful bump. Includes a wonderful neck and head massage and the unique Yummy Tummy elasticising mask.

30 minute and 45 minute back, neck and shoulder massages are available on request along with focused head and foot massages.

Facial experiences

Rehydrating Marine Facial

Moisturising

60 minutes

A back massage and mud application begin this treatment, followed by a red-algae and calcium mask and moisturising cream. Mineral-rich marine spring water revitalises all skin types.

Gentlemen's Face Treatment

Soothing and fresh

60 minutes

A relaxing back massage and application of self-heating mud relieve tension, and a mask and scalp massage deepen relaxation. Moisturising or anti-aging cream addresses men's skin needs.

Velocity Treatment

Personalised

30 minutes

Tailored to your individual needs, this extravagant express treatment is boosted with other treatments as it rejuvenates, revitalises and refreshes the skin.

Timeless Facial

Luxurious and effective

60 minutes

Soothing out expression lines and wrinkles, this nourishing facial treatment will revitalise dull and tired skin as it restores the natural luminosity to your complexion. Using professional massage and extraction techniques. Delight in a unique sensorial experience.

Sensational Skin

Pampered bliss

90 minutes

Sit back and relax as you prepare yourself for the ultimate pampering experience that combines a stress-relieving hot oil back massage, calming hand treatment and a heavenly signature facial and facial massage.

Gorgeous Glow Pregnancy Facial

Rejuvenating

60 minutes

From the pregnancy experts at Mama Mio, especially designed to help with hormonal breakouts to give you that gorgeous pregnancy glow. Deep cleansing and exfoliation is followed by a mind-melting facial massage and our brightening serum, the Oxygenating Moisture Mask, sets about clarifying and evening out your skin tone, helping with excess pigmentation. Relax, you're in safe hands – just get ready to look and feel gorgeous!

Hydradermie Express

Enhanced and renewed

30 minutes

For a spectacular illuminating effect, try our regenerative peeling treatment that reveals healthy new skin cells, getting rid of the old and dull, as well as lightening the skin and pigmentation marks.

Hydradermie Lift

Radiantly light

60 minutes

Experience Ionisation, leaving your face radiantly glowing within an hour as your skin is cleansed deep down. Tightening your pores, the high frequency active ingredients are penetrated quicker and deeper into your skin for a long-lasting effect.

Hydradermie Deluxe

Young and fresh

90 minutes

Relish in a “youth” revolution as this non-surgical lifting treatment firms the face deep down and tones the skin by stimulating facial muscles, leaving your face looking rejuvenated and radiant.

Eye Treatment

Add-on

Add a personalised eye treatment.

Body experiences

Sea Essentials

Vital energy

60 minutes

Discover your energy with this traditional spa treatment.

Includes a gentle scrub and a mineral-rich body wrap of seaweed and ylang-ylang, sage, lavender and sandalwood essential oils.

Willow Stream Rose Cocoon

Radiance returns

60 minutes

An olive grain exfoliation, full-body rose gel application, and evening primrose oil and shea butter wrap are followed by an Ayurvedic scalp massage, all enhanced by the aroma of frankincense.

Shrink To Fit Cellulite Treatment

Totally toned

60 minutes

Deep tissue and lymphatic Mio massage to lift, tighten and tone your hips and thighs, reducing saddlebags and dimpling. Powerful actives stimulate circulation, removing toxins, tightening up spongy skin, leaving smooth, firm, fitter-looking legs and a perter, tighter butt.

Get Waisted Tummy Sculpting Treatment

Firm and tight

60 minutes

If exercise and diet alone are not giving you the firm, taut tum you want, you need to Get Waisted. In less than an hour your tummy will feel slimmer, tighter, more toned and less bloated. Powerful actives will increase the energy within your skin and our special Mio massage techniques will firm and resculpt, reducing wobble and love handles.



Nail services

Willow Stream Signature Manicure

Luxurious

60 minutes

A unique gommage hand exfoliation, nail oil application, hand soak in essential oils, paraffin treatment, and hand and arm massage with hydrating body butter.

Willow Stream Signature Pedicure

Hydrating

60 minutes

An energising lift for the whole body. Includes an exfoliation, foot soak in sea salts and minerals, paraffin treatment and foot massage with hydrating body butter.

Classic Manicure

Enticing aroma

45 minutes

Includes a hand soak and massage, plus nail shaping and polish.

Classic Pedicure

Sweet scent

45 minutes

Add spring to your step with a foot soak, exfoliation, massage, nail shaping and polish application.

Lucky Legs Lighten Up Foot Treatment

Inspired by reflexology

45 minutes

A mineral-rich foot soak, exfoliation and massage for lower legs and feet to help with poor circulation, water retention and the tiring effects of carrying an extra load. While you sit back and relax, we massage your hands and cuticles too.

Detox Intonga Foot Treatment

Inspired by reflexology

60 minutes

Relieve stress with a foot soak, scrub and massage, mud wrap, scalp massage, and intonga calf massage (stick rolled against muscle). Includes foot grooming and nail buffing.

Add on gel polish or a peel or paraffin wrap to any manicure or pedicure

15 minutes

Waxing services

Full Leg
Half Leg
Full Arm

Under Arm
Bikini
Brazilian

Lip Wax
Brow
Lip / Brow / Lash Tint

Multi-treatment experiences

Zimbali-Inspired Day

Revitalise

5 hours

Discover your energy as you nonchalantly surrender yourself to a day full of blissful pampering. From a peppermint steam, relaxing Jacuzzi bath and soothing massage to a deliciously decadent lunch, timelessly refreshing facial, and a detox foot treatment, this Zimbali inspired day will leave you completely revitalised and wanting more.

Steam Room Session

30 minutes

Jacuzzi Session

30 minutes

Swedish Massage

60 minutes

Revitalising Facial

60 minutes

Foot Treatment

60 minutes

Lunch

60 minutes

Romance at Sunset

For couples

2 hours

Rekindle your love as you unwind with a hydro jet bath, bottle of wine and a scrub of your choice, as well as a steam and layer-locking massage that will leave you both feeling fresh and radiant.

Bridal Package

It's all about you

2 hours

Relieve the stress from planning your big day with our heavenly journey facial, life-saving back treatment and a classic manicure and pedicure; leaving you pampered and ready to marry the love of your life.

Enhancing your spa experience

Spa Environment

Willow Stream Spa is an adult sanctuary. Guests must be 18 or older. For your peace and privacy, cellphones and other electronic devices are not permitted. If you wish to receive messages during your time with us, please let our staff know and we'll be happy to assist you.

Reservations

Please call +27 (0)32 538 5067 or email us on zim.willowstreamspa@fairmont.com. To accommodate your preferences, advance reservations are recommended. Our knowledgeable Spa Experience Coordinators are delighted to guide you to the experiences that suit your needs.

Cancellation Policy

If you must reschedule or cancel any spa appointment, please notify the spa four hours in advance to avoid being charged for the service. Cancellation of a package requires 24 hours' notice. Missed appointments without proper notice are subject to a 100% charge for reserved services.

Hours of Operation

Spa facility: 10:00 – 19:00 (weekdays) | 08:00 – 20:00 (weekends & public holidays)

Fitness centre: 06:00 – 21:00

Seasonal changes to hours of operation apply.

Making Spa Appointments

Consult with our Spa Experience Coordinators to select treatments that fulfil your personal requirements. To ensure availability, please book your appointments before you arrive at the hotel.

Spa Arrival and Etiquette

We recommend that you arrive 15 minutes before your first scheduled spa appointment. This gives you time to familiarise yourself with the facilities and relax before your treatments. Please note, all treatments end on time, regardless of start time. Please leave jewellery and valuables in your room safe or the hotel safe.

Health Matters

Please inform us of any health conditions at the time of booking (e.g., high blood pressure, heart condition, allergies, pregnancy). Consumption of alcohol before, during or directly after spa treatments is not recommended. You will be asked to complete a medical history form upon arrival, so we can better customise your experience to your needs.

Spa Attire

You will receive a robe and sandals to wear between spa treatments, and a locker for your personal belongings. Our therapists are highly trained in draping procedures to ensure your complete privacy. However, for your comfort, undergarments may be worn during treatments. Swimsuits are required in some areas of the spa.

Spa Experience Coordinators

Whether in the spa or by phone, our Spa Experience Coordinators will be happy to plan your treatments and answer any of your questions.

Willow Stream Spa Gift Cards

Willow Stream Spa gift cards may be purchased for all spa services and packages. Please contact Willow Stream Spa reception for further information.

Taxes and Service Charges

Prices include VAT. Local taxes will be added to all spa services and packages.

Gratuities

Additional gratuities for exceptional service can be added to your bill upon checkout.

Information and prices contained in this brochure are subject to change without notice.



WILLOW STREAM

A FAIRMONT SPA

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